



Dear Physicians,

CCMS is pleased to announce that the CCMS Physician Wellness Program (PWP) will be extended to all physicians in Collier County regardless of CCMS membership status through May 22nd. The program features confidential, convenient, cost-free access to professional psychological services, which we now offer to any Collier County MD or DO physician during this COVID-19 outbreak.

The PWP services provide a safe harbor to address normal life difficulties and the challenges of a medical career, receive coaching on managing stress and trauma, and reclaim satisfaction in your career and personal life. The program is operating fully via telehealth during the COVID-19 outbreak, and all video calls are secure and HIPAA compliant.

Confidential appointments are self-referred and physician-initiated with no medical diagnoses, no insurance billing, and no electronic records. No physician identification or notification are ever provided to employers, CCMS, or the board of medicine. CCMS contracts with independent, doctorate-level clinical psychologists who have been evaluated by the volunteer CCMS Physician Wellness Committee members. Participating psychologists bill CCMS directly with de-identified data.

For more information on the program visit ccmsonline.org/physician-wellness. To schedule an appointment, call the physician-only PWP appointment line at 239-208-3984 and identify yourself either as a CCMS member or a Collier County physician. Most messages left during business hours will be returned the same day, or the next morning for after-hours messages.

Appointments with the psychologists are available within 72 hours to 1 week, possibly sooner for urgent needs, with evening and early morning hours potentially available. (If this is an emergency, please call 911 or the National Suicide Prevention Lifeline, 1-800-273-8255.)

Support for the Physician Wellness Program is provided by NCH Healthcare System, Southwest Florida Physicians Association, and physicians like you. To help sustain the costs of the program, you can make a tax-deductible contribution to the Foundation of CCMS:

Online: Visit <https://bit.ly/2xXHHpO> to pay via credit card or paypal, be sure to click "Add special instructions to the seller" and write in Physician Wellness Program.

By mail: Send to Foundation of CCMS

Attn: Physician Wellness Program (please also include on memo of check)

88 12th St N, Unit 200, Naples FL 34102

By phone: Call 239-435-7727 with credit card contributions (state Physician Wellness Program, Foundation of CCMS).

For more information on CCMS, the Physician Wellness Program, or the Foundation of CCMS, visit www.ccmsonline.org or email April Donahue, executive director at april@ccmsonline.org.

Thank you for your service to our community, and stay well.
CCMS Board of Directors