

Hot Topics in Wellness:

12th Annual CCMS Women's Health Forum

MIND

& Body

SATURDAY
2.22.20
8.30am - 1pm
 Naples United
 Church of Christ

Presenting Sponsor: Vein Specialists/Dr. Joseph Magnant

Registration & Refreshments, Exhibits 8:30am		McSpadden Hall
Welcome & Opening Comments 9:00am		Sanctuary
Break Out Session I 9:15am-10:10am		
Miriam Sevilla Saez-Benito MD	Women's Mental Health, Challenges throughout a Lifetime	Sanctuary
Usman Mian MD	Rewiring your Brain for Happiness and Resilience	
Lindita Hobdari MD	Holistic Neuroprotection for Brain Aging, Dementia, and Alzheimer's Disease	Beverly Hall
Marylin Palackel DO	Osteopathic Manual Therapy & Exercises for Low Back Pain	
Christina Kabbash MD	DeFeeted by Bunions, Hammertoes, and Neuromas? Relief is in Sight	Nelson 207
Prathima Moorthy MD	Neck and Back Pain: Is it Spinal Stenosis?	
Susan Cera MD	Constipation, Colonoscopy, Colon Cancer-What Every Woman Should Know	Nelson 104
Corey Howard MD	How to Eat for a Healthy Life: What You Need to Know Right Now	
Break, Exhibits 10:10am-10:40am		McSpadden Hall
Break Out Session II 10:40am-11:35am		
Lisa Larkin MD	Change of Heart: What Women Need to Know about the Changing Guidelines for Aspirin, Blood Pressure, and Cholesterol Medication	Sanctuary
Hashem Azad DO	Rhythms, Beats, & Blues: Understanding your Heart	
Elizabeth Arguelles MD	You. Life after Breast Cancer.	Beverly Hall
Joanna Chon MD	Your Female Parts-What you need to know.	
NEW SPEAKER: Josephine Jasper MD	NEW PRESENTATION: Your Guide to Diabetes: Target Levels, Medications, Hearing Loss, and more	Nelson 207
Jon Berlie MD	Healthy Vision Tips for Women	
Danielle Matta DO	Is Imaging Safe? Radiation Exposure from X-ray, CT, MRI and Ultrasound	Nelson 104
Troy Shell-Masouras MD	On the Cutting Edge of Breast Surgery	
Break, Exhibits 11:35am-12:05pm		McSpadden Hall
Break Out Session III 12:05pm-1:00pm		
Svetlana Kogan MD	Holistic Approach to Fatigue, Insomnia, & Stress - 3 Health Villains of the 21st Century	Sanctuary
Catherine Kowal MD	Overview of Rheumatologic Autoimmune Diseases	
Rebecca Smith MD	When is Enough, Enough? Making End of Life Decisions before the End of Life	Beverly Hall
Susan Cassidy MD	Being an Empowered Patient in Every Stage of Life	
Kathleen Marc MD	The Science of Beauty - How to Reverse the Signs of Aging	Nelson 207
William Ross MD	What You Should Know About Breast Implants and Cosmetic Breast Surgery	
Angela Echeverria MD	Peripheral Arterial Disease in Women, the Effect of Gender on Diagnosis and Treatment	Nelson 104
Russell Becker DO	Varicose Veins: Not Just A Cosmetic Issue	