



For Immediate Release

**Collier County Medical Society presents the 8th Annual Women's Health Forum -
Spring Into Wellness**

A Free Public Event at the Greater Naples YMCA on March 19th

Collier County, FL (March 1, 2016)—As part of its ongoing efforts to be a resource for residents and visitors in Collier County, Collier County Medical Society (CCMS) and the Foundation of CCMS are pleased to host the 8th Annual Women's Health Forum, a free health education event, on Saturday, March 19th.

The forum, with the theme "Spring Into Wellness" takes place at the Greater Naples YMCA from 8:30am-12:30pm, and will feature breakout sessions with educational talks from 24 local physicians, an exhibit hall with 27 vendors that provide services for women, and a healthy continental breakfast.

Topics of discussion will include nutrition, dementia, vein health, cardiology, stress, breast cancer, fitness, and more. Each session allows time for attendees to pose questions to the physician presenters.

Space is limited, and interested attendees are encouraged to register online as soon as possible at www.ccmsonline.org, or call 239-435-7727. Volunteer opportunities are also available; call 239-435-7727 for more information.

The Women's Health Forum is made possible from the support of presenting sponsors Dr. Julian Javier/Naples Vein Center, Physicians Regional Healthcare System, and Blue Zones Project by Healthways.

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About Collier County Medical Society and the Foundation of CCMS:

Collier County Medical Society is an organization of physicians dedicated to promoting quality healthcare for all patients and to serving the professional needs of its members. CCMS was founded in 1957 and over the past 50 years has grown to over 500 physician members representing all specialties. Membership is voluntary, and brings together physicians who have an interest in organized medicine and share the goals of maintaining high standards of clinical care in Collier County. CCMS is affiliated with Florida Medical Association and the American Medical Association. For more information visit www.ccmsonline.org or call 239.435.7727.

The Foundation of CCMS is a 501(c)3 charitable organization launched by the Medical Society in 2012, with the mission to provide support and leadership to programs that address access to healthcare, promote health education and serve the community's public health needs. For more information visit ccmsfoundation.org or call 239.435.7727.

Media Contact: April J.T. Donahue, Executive Director, april@ccmsonline.org